



Our Anti-Bullying Guide: Staying Happy & Safe at La Houquette



At La Houquette Primary School, we want everyone to feel safe, happy, and ready to learn.

We are a **Rights Respecting School**, which means we believe every child has the right to be treated fairly (Article 2)



And to have their ideas taken seriously (Article 12).

What is Bullying?

We use a special reminder called **S.T.O.P.** to help us understand what bullying is:

- **S**everal
- **T**imes
- **O**n
- **P**urpose

Bullying is when someone is mean to you or hurts you over and over again on purpose. It is not fair and it is never okay.

There are four main ways bullying can happen:

1. **Verbal:** Using mean words, name-calling, or teasing.
2. **Physical:** Hurting someone's body (like hitting or pushing) or touching their things without permission.
3. **Social:** Leaving someone out on purpose or spreading rumors.
4. **Cyber:** Sending unkind messages online, on games like Roblox or Minecraft, or on apps like WhatsApp.

Our School Values

To keep our school a kind place, we follow these five values every day:

- **We show respect:** We listen to each other and care for our world.



- **We are kind:** We include everyone and use "gentle hands".
- **We try our best:** We use a "Growth Mindset" and don't give up.
- **We are honest:** We tell the truth to ourselves and others.
- **We are proud:** We celebrate who we are and our community.

What Should You Do?

If you are being bullied, or if you see it happening to someone else, **tell someone!**

- **Talk to an adult:** You can tell your teacher, a teaching assistant, or your parents.
- **Use the Suggestions Box:** Every classroom has a box where you can write down a worry or a question if you don't want to speak out loud right away.
- **Help others:** If you see someone being treated unfairly, be a friend and help them report it.

What Will the School Do?

When you tell us about bullying, we will take it very seriously.

- **We will listen:** Your teacher will talk to you and anyone else involved to understand what happened.
- **We will help fix it:** We use a "no blame" approach to start with, which means we focus on solving the problem and making sure everyone feels safe again.
- **We will talk to parents:** If we find that bullying is happening, we will talk to your parents and the other child's parents to make sure it stops.

A Note for Parents: If your child sees something unkind online, please take a screenshot as evidence and check the age limits for the games they are playing. Always talk to your child's teacher **first** if you have a concern.