



KS1 playground supervision and routines



Article 24: Health and Healthcare

Every child has the right to be safe and healthy, with good quality healthcare, nutritious food and clean water. They should respect this right by taking care of themselves, making healthy choices and behaving safely at school.



Article 31: Every child has the right to relax, play and take part in a wide range of cultural and artistic activities. Every child has the right to play with other children. Children should respect this right by letting others play with them and join in with other games and activities. Children should be kind to others and use words to sort out any disagreements. If children can not solve a problem with words, they should ask an adult for help.



Article 1: Every child has rights. It is important that rights are respected everywhere, including at school. Everyone needs to make sure that they respect their rights and the rights of others.



Article 7: Every child has the right to a legal name. Children need to respect this right by calling others by their legal names or the name that they prefer to be known by.

Rationale: La Houquette Primary School recognises the unique contribution playground activities make to the wellbeing of the children at our school. Providing a safe and supportive environment, the playground offers children opportunities for positive and cooperative play, creativity, fun and enjoyment. We attach great importance to ensuring that break and lunchtimes at our school offer children experiences that contribute to their social, physical and emotional health. In particular we recognise that increased levels of physical activity not only improve children's health and fitness, but also have a large impact on ensuring positive behaviour and attitudes.

Aims: Through our playground activities we aim to provide and promote 'safe opportunities to:

- ❖ Create a happy environment
- ❖ Enjoy and appreciate the school grounds and utilise them to their maximum
- ❖ Increase physical activity and improve motor skills
- ❖ Encourage citizenship skills-improved caring attitudes, sense of responsibility and respect for people and property

- ❖ Develop tolerance and an ethos of Inclusion
- ❖ Facilitate Cooperation, consideration, sharing and fair play opportunities
- ❖ Enhance self-esteem and confidence
- ❖ Develop language and listening skills
- ❖ Have a break from learning and opportunity for refreshment

This document aims to set out the 'supervising rules' for our KS1 playground. Whilst it comes across as quite prescriptive, and a list of 'do and don't', its purpose is to be unambiguous and easy to follow by anyone who finds themselves on duty.

Supervising adult role whilst outside:

- Make yourself visible (high viz)
- Place yourself in one of the 'zones of supervision' and 'walk' the area to ensure you are proactive.
- Intervene before any 'play' gets out of hand - eg stop the children play-fighting, piggy backs, rolling down the hill, picking each other up etc.
- Direct children to remove themselves from an out of bounds area -e.g. Behind shed, gun pit, outdoor classroom (pagoda) etc
- Deal with issues from the children eg complaints/incidents etc
- Adult on duty to relay incident to class teacher. Class teacher to write on behaviour tracker.
- Deal with minor first aid and write in book.
- Teachers to clap at 2 mins to end of any playtime. Children line up
- Children only to come in with toilet pass.
- Children only allowed on hill and climbing frame when 3 adults are present
- No children to play with Rec equipment at any playtime.
- When weather conducive boxes of puzzles, lego etc to go out on stage area.

Before school:

- Teachers on duty will be on the playground ***promptly*** at **8:30am**. One teacher should be on the gate and the other two should be supervising the playground.
- All children should remain on the tarmac area.
- No patio area, no apparatus/climbing frames, no hill, no mud kitchen, no gun pit, no equipment to be used.
- The teacher on duty claps at 8.43 and children line up in their class line. High five then used to indicate quiet/ready for inside and say good morning. Children are sent inside in classes.
- **Teachers not on duty before school should, as far as is practical, have a presence in their classroom/be available if needed.**
- **Wet days:** children will go to their classrooms and duty teacher supervises classes from 8:30am. One teacher should supervise year 2 and the other to walk between Reception and Year 1. One adult stays near the door or gate.

Playtimes (including Lunch)

- Apparatus: children are encouraged to play safely -discussion of what this is, should be held regularly e.g. start of half terms, assemblies (if reminder needed).
- [Bug house & stick risk assessment](#) - please go through with the children
- Children displaying inappropriate behaviour not reflective of La Houquette school values will be given a warning (choice and then chance then consequence). At this stage they will be asked to sit on the bench for 5 minutes or stay with the teacher. Any violence goes straight to consequence. Their names will be given to their class teacher and they will be put on the class tracker.
- For more serious incidents eg use of racist language, bullying, fighting etc refer to the Behaviour Policy.
- **Teachers should not be walking around school or supervising children whilst carrying cups of tea or coffee.**

All teachers have a responsibility to raise any concerns at phase meetings about individual children. The teacher on duty will then need to be extra vigilant in their zone of supervision.

If children eat lunch outside they **MUST** be seated at a table.

First aid:

- First aid should be carried out quickly and promptly 'within your zone of supervision'.
- More serious first aid - either an adult takes the child in or call for help on the walkie talkie. This would be to the office in the first instance, then the staff room and then to KS 2 playground. This needs to be written in the accident book. If the incident is considered serious enough and an adult needs to go in with a child the areas the children can play will be restricted to 2 zones.
- Ice packs - crack packs should be in the first aid bags. These should be checked often to ensure they are fully stocked. If you use a crack pack please ensure it is restocked.
- Teachers not on duty, in the staff room, or their classroom, need to be prepared to help children who come to them with first aid issues (duty of care).

No supervising adult should come inside during their duty

UNLESS IT IS AN ABSOLUTE EMERGENCY.

First aiders are: May 2026

Emma Feak, Nat Gilman, Rachel Kemp (3 day course), Samantha Sexton, Lauri Reed, Claire Davies, Keri Hartnett (3 day course), Jeanette Savage (level 3 and paediatric), Steph Lowe (Level 3 and paediatric)

KS1 playground:

- Equipment is to be used in a designated area (for sports leaders, assigned by teachers)
- Out of bound areas (Infant playground) are: behind the shed, behind the fence by gunpit, past the meadow on the hill (behind the swimming pool), behind the pergola, gun pit and in front of the year 3 classrooms.
- The teachers on duty to decide whether the hill is appropriate to be used. (Please use as much as possible)
- A teacher will clap to signal the children to come and line up in usual points (in class lines)
- Teachers use high five to indicate quiet, ready to go inside.
- Children not to go onto the hill or climbing frame until the 'zone of supervision' teacher is there.

These procedures should be shared with the children on the first day back each term and revisited by class teachers periodically.

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